

**Community Board 9
890 Nostrand Avenue
Brooklyn, NY 11225**

**Meeting Minutes:
Health and Social Services Committee
Thursday, September 17, 2015**

In Attendance:

Francisca Leopold – Committee Chairperson

Nicole

Amy Hendershot

Mary Rolas

Suki

Tessa Hackett-Vieira

Discussion: What can be done to enhance the quality of health services for seniors, youth, and the homeless population?

- Goals need to be set for 2016
- Start with community needs assessment
 - Document the quantity of senior housing in the neighborhood
 - Speak with residents to find out what they feel their needs are
- Seniors' Needs:
 - Outreach programs
 - They don't always recognize when they have health issues when they have other issues such as dementia
 - Health insurance (Medicare / Medicaid) not explained properly to them / understood
 - Lack of information around other issues (property taxes, etc.)
 - Need of recreation center

Goals: Focus on seniors with program to inform them about the many different programs available, (conduct workshops)

- Medicare workshops
- Want seniors to know that people still care about them and that they have a voice
- Maybe have seniors talk to counselors within the lobbies of their building
- Figure out how to best present information to them and what will grab their attention / what the "hot topics" are
- Contact AARP and have them do the presentation (need approval from Board 9)
- Begin outreach assessment for seniors who are not currently part of any senior citizen centers (target churches)

Next Steps:

- Get List of Senior Citizen Centers in district from Community Board 9
- Chose the first four we want to work with
- Call the center Directors and get possible dates after January , and find out what the needs are for topics , and if seniors that aren't affiliated with the centers can come for the presentations
- Contact AARP and have them agree to come and present
- Contact social work students to try and get them to come and do needs assessment for those not in the centers

Next Meeting: Thursday October 1 (tentative)

- Francisca will put together list of Senior Centers
- Amy will contact community organizing class students at CUSSW and pitch the needs assessment to them (with approval from the Community BD.)
- At meeting: will decide which homes to target

Respectfully submitted

Francisca Leopold – Committee Chairperson

September 21, 2015